



The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys

by James Fadiman Ph.D.

 Download

 Read Online

 Get Print Book

The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys

by James Fadiman Ph.D.

Psychedelics for spiritual, therapeutic, and problem-solving use

- Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide
- Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving
- Reveals how ultra-low doses improve cognitive functioning, emotional balance, and physical stamina
- This year 600,000 people in the U.S. alone will try LSD for the the first time, joining the 23 million who have already experimented with this substance

Called “America’s wisest and most respected authority on psychedelics and their use,” James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention.

Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including extremely low doses for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

 [Download The Psychedelic Explorer's Guide: Safe, Therapeuti ...pdf](#)

 [Read Online The Psychedelic Explorer's Guide: Safe, Therapeu ...pdf](#)

Download and Read Online The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys by James Fadiman Ph.D.

You May Also Like:

Free Quilts of Love Fiction Sampler - eBook [ePub]

Every Quilt Has a StoryFeaturing tales of love and loss, hope and faith, tradition and new beginnings, the latest Quilts of Love books will delight fiction fans, crafters and quilters, and anyone who loves a good story. Enjoy FREE chapters from eleven titles from popular and bestselling authors Vann

[>>>Download](#)

Detox Recipes: A How-To Detox Book on Using the Detox Diet for Maximum Detoxification Benefits

Detox Recipes A How-To Detox Book on Using the Detox Diet for Maximum Detoxification Benefits The helpful detox cookbook, "Detox Recipes - A How-To Detox Book on Using the Detox Diet for Maximum Detoxification Benefits," is your essential how-to guide if you're ready to start following a detox

[>>>Download](#)

The Thinking Machine

For the world's most brilliant criminologist, every mystery has a solutionHis name is Professor Augustus S. F. X. Van Dusen, but to the newspapers he is known as "The Thinking Machine." Slender, stooped, his appearance dominated by his large forehead and perpetual squint, Van Dusen spends his

[>>>Download](#)

A Little Book of Christmas (Unabridged): Children's Classic - Humorous Stories & Poems for the Holiday Season: A Toast To Santa Clause, A Merry Christmas ... Wish, The House of the Seven Santas...

This carefully crafted ebook: "Christmas Every Day and Other Stories (Illustrated)" is formatted for

your eReader with a functional and detailed table of contents. Table of Contents: A Toast To Santa Clause
The Conversion of Hetherington
A Merry Christmas Pie
The Child Who Had Everything But
A Holiday Wis

[>>>Download](#)

Entender la I Guerra Mundial (Spanish Edition)

Hace ahora 100 años, el 28 de junio de 1914, dos disparos de un nacionalista serbio en Sarajevo contra el heredero del Imperio Austrohúngaro, Francisco Fernando, desencadenaron la catástrofe de las catástrofes. La Primera Guerra Mundial empezó en agosto y, cuatro años después, había dejado m

[>>>Download](#)

Download and Read Online The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys by James Fadiman Ph.D.